# COORDINATED CHRONIC DISEASE FACT SHEET

# **ALLENDALE** County, 2013



In the year 2013 the leading causes of death among South Carolinians were cancer, heart disease, chronic lower respiratory disease, stroke, accidents, Alzheimer's disease, diabetes, nephritis, nephritic syndrome and nephrosis, influenza and pneumonia, and septicemia. This report focuses on the chronic conditions of the population of Allendale county, and is compared to the overall chronic conditions of the population of South Carolina as a whole.

The percentage of the population under age of 45 in Allendale county is (56%). Allendale county has a higher Black population (73%) than the state (29%), and there are more males (54%) than females (46%).

	ALLENDALE COUNTY	STATE
Population size	9,840	4,774,840
Age distribution (%)		
<18	19.8	22.8
18-44	36.1	35.4
45-64	28.6	26.6
18-44	13.8	13.6
45-64	1.7	1.6
65-84		
White	25.8	69.2
Black	73.4	28.5
Sex (%)		
Male	54.1	48.7
Female	45.9	51.3

In spite of the overall reports of good health given by the citizens of the Palmetto State, chronic conditions are still making an impact on the health of many South Carolinians. Through primary and secondary prevention we hope to reduce the risk factors that contribute to the major chronic diseases and leading causes of death among South Carolinians.

The chart below contains the risk factors that contribute to an increased risk of developing a chronic condition. These risk factors are related to the major causes of morbidity and mortality among South Carolinians. Some common behavioral risk factors that contribute to the leading causes of death are smoking, sedentary lifestyle, obesity, high cholesterol, and low consumption of fruits and vegetables. The prevalence of these risk factors from the 2013 South Carolina Behavioral Risk Factor Surveillance System (BRFSS) survey are listed in the table below for the Health Region.\*

RISK FACTOR		Region*					
	Total	Blacks	Whites	Males	Females	Total	
Current smoking (%)	16.36	14.96	16.28	21.65	12.01	22.00	
Sedentary lifestyle (%)	23.85	27.03	21.83	22.64	24.86	26.87	
Overweight or Obese (%)	65.50	73.09	63.37	69.24	62.22	66.47	
High Cholesterol (%)	45.50	43.06	47.14	48.79	42.73	42.58	
Median daily servings of fruits	1.00	1.05	1.00	0.98	1.12	0.99	
Median daily servings of vegetables	1.57	1.14	1.72	1.45	1.70	1.50	

Some preventive measures such as immunization were included in the 2013 SC BRFSS. For persons age 65 and older in South Carolina:

35% have not received the flu shot in the past 12 months

30% have never had the pneumonia vaccination

Hospital/ED data in the following tables include ONLY those cases treated in SC hospitals. Cases treated in hospitals outside of SC are NOT included.

HYPERTENSION			County			State
	Total	Blacks	Whites	Males	Females	Total
Prevalence (%)*	39.2	NA	NA	NA	NA	38.4
Number of hospitalizations	18	15	3	5	13	5,334
Crude rate of hospitalizations (per 100,000)	183	208	118.1102362	94	288	112
Median age of hospitalized patients	54	50	68	68	50	59
Total cost of hospitalization (\$)	636,000	511,100	124900	193,500	442,500	200,069,800
Average length of hospital stay (days)	5	5	6.67	6	5	5
Number of ER visits	75	62	13	34	41	15,651
Crude rate of ER visits (per 100,000)	762	859	512	639	907	328
Median age of ER patients	55	54	63	55	54	54
Total cost of ER visits (\$)	140,400	90,300	50,100	67,200	73,200	49,710,700
Number of deaths	4	3	1	3	1	418
Age-Adjusted Death rate (per 100,000)	36.3	37.2	24.4	58.5	14.8	7.9

HEART DISEASE			County			State
	Total	Blacks	Whites	Males	Females	Total
Prevalence (%)*	4.7	NA	NA	NA	NA	4.9
Number of hospitalizations	72	40	30	38	34	50,827
Crude rate of hospitalizations (per 100,000)	732	554	1,181	714	752	1,064
Median age of hospitalized patients	69	67	69	73	63	68
Total cost of hospitalization (\$)	3,705,000	2,270,900	1,378,600	1,527,400	2,177,600	3,099,389,600
Average length of hospital stay (days)	5	6	4	4	6	5
Number of ER visits	112	74	38	60	52	19,962
Crude rate of ER visits (per 100,000)	1,138	1,025	1,496	1,128	1,150	418
Median age of ER patients	65	63	68	66	63	64
Total cost of ER visits (\$)	316,700	204,300	112,400	179,400	137,300	168,582,900
Number of deaths	31	13	18	17	14	9,604
Age-Adjusted Death rate (per 100,000)	287.4	201.5	478.6	318.3	265.9	179.2

STROKE			County			State
	Total	Blacks	Whites	Males	Females	Total
Prevalence (%)*	4.8	NA	NA	NA	NA	3.8
Number of hospitalizations	19	13	6	10	9	14,943
Crude rate of hospitalizations (per 100,000)	193	180	236	188	199	313
Median age of hospitalized patients	74	74	75	74	72	69
Total cost of hospitalization (\$)	632,700	326,700	306,000	317,500	315,200	690,018,200
Average length of hospital stay (days)	4	3	5	3	4	5
Number of ER visits	26	18	8	11	15	5,283
Crude rate of ER visits (per 100,000)	264	249	315	207	332	111
Median age of ER patients	65	67	62	61	72	66
Total cost of ER visits (\$)	60,200	40,200	20,000	25,900	34,300	53,018,800
Number of deaths	15	14	1	11	4	2,488
Age-Adjusted Death rate (per 100,000)	131.5	191.2	24.4	215.7	59.4	47.2

CHRONIC LOWER			County			State
RESPIRATORY DISEASE	Total	Blacks	Whites	Males	Females	Total
Number of hospitalizations	14	9	5	7	7	15,659
Crude rate of hospitalizations (per 100,000)	142	125	197	132	155	328
Median age of hospitalized patients	62	62	62	66	62	63
Total cost of hospitalization (\$)	145,000	95,700	49,300	50,900	94,100	439,323,600
Average length of hospital stay (days)	3	3	3	2	4	4
Number of ER visits	395	332	58	181	214	49,050
Crude rate of ER visits (per 100,000)	4,014	4,598	2,283	3,402	4,735	1,027
Median age of ER patients	33	29	55	26	37	40
Total cost of ER visits (\$)	321,400	245,400	72,100	156,500	164,900	134,527,100
Number of deaths	1	0	1	1	0	2,751
Age-Adjusted Death rate (per 100,000)	11.1	0	24	28	0.0	50.7

DIABETES			County			State
	Total	Blacks	Whites	Males	Females	Total
Prevalence (%)*	14.0	NA	NA	NA	NA	12.5
Number of hospitalizations	25	23	2	12	13	9,764
Crude rate of hospitalizations (per 100,000)	254	319	79	226	288	204
Median age of hospitalized patients	43	44	18	39	50	51
Total cost of hospitalization (\$)	827,300	789,800	37,500	507,100	320,200	321,377,000
Average length of hospital stay (days)	5	6	3	7	4	5
Number of ER visits	90	79	10	39	51	13,909
Crude rate of ER visits (per 100,000)	915	1,094	394	733	1,128	291
Median age of ER patients	52	51	50	44	59	52
Total cost of ER visits (\$)	171,800	157,200	13,300	62,100	109,700	46,056,100
Number of deaths	5	5	0	4	1	1,239
Age-Adjusted Death rate (per 100,000)	46.3	81.4	0.0	82.8	18.5	22.5

ALL CANCERS		County					
	Total	Blacks	Whites	Males	Females	Total	
Number of hospitalizations	24	14	8	14	10	14,136	
Crude rate of hospitalizations (per 100,000)	244	194	315	263	221	296	
Median age of hospitalized patients	61	60	63	59	66	64	
Total cost of hospitalization (\$)	1,677,500	985,900	545,500	1,173,300	504,200	963,427,600	
Average length of hospital stay (days)	6	6	8	7	5	7	
Number of deaths	23	15	8	12	11	9,700	
Age-Adjusted Death rate (per 100,000)	209.7	210.1	185.8	250.7	187.6	173.2	

COLORECTAL CANCER						State
	Total	Blacks	Whites	Males	Females	Total
Number of hospitalizations	3	1	2	3	0	1,796
Crude rate of hospitalizations (per 100,000)	30	14	78.7	56	0	38
Median age of hospitalized patients	85	48	85	85	0	65
Total cost of hospitalization (\$)	115,600	83,400	32200	115,600	0	140,452,900
Average length of hospital stay (days)	5	6	5	5	0	8
Number of deaths	2	1	1	2	0	821
Age-Adjusted Death rate (per 100,000)	19.1	13.7	25.4	43.5	0.0	14.9

FEMALE BREAST CANCER						State
	Total	Blacks	Whites	Males	Females	Total
Number of hospitalizations	0	0	0	0	0	923
Crude rate of hospitalizations (per 100,000)	0	0	0	0	0	38
Median age of hospitalized patients	0	0	0	0	0	59
Total cost of hospitalization (\$)	0	0	0	0	0	50,631,800
Average length of hospital stay (days)	0	0	0	0	0	3
Number of deaths	3	1	2	0	3	633
Age-Adjusted Death rate (per 100,000)	62.3	40.3	84.6	0	62.3	21.1

CERVICAL CANCER						State
	Total	Blacks	Whites	Males	Females	Total
Number of hospitalizations	1	1	0	0	1	142
Crude rate of hospitalizations (per 100,000)	22.1	29.3	0	0	22.1	6
Median age of hospitalized patients	35	35	0	0	35	55
Total cost of hospitalization (\$)	23300	23300	0	0	23300	6,269,800
Average length of hospital stay (days)	1	1	0	0	1	4
Number of deaths	0	0	0	0	0	74
Age-Adjusted Death rate (per 100,000)	0	0	0	0	0	2.7

LUNG CANCER						State
	Total	Blacks	Whites	Males	Females	Total
Number of hospitalizations	1	1	0	1	0	2,041
Crude rate of hospitalizations (per 100,000)	10	14	0	19	0	43
Median age of hospitalized patients	61	61	0	61	0	67
Total cost of hospitalization (\$)	35,100	35,100	0	35,100	0	145,739,900
Average length of hospital stay (days)	6	6	0	6	0	7
Number of deaths	8	7	1	5	3	2,825
Age-Adjusted Death rate (per 100,000)	61.1	87.6	19.3	84.1	43	49.2

PROSTATE CANCER						State
	Total	Blacks	Whites	Males	Females	Total
Number of hospitalizations	3	3	0	3	0	970
Crude rate of hospitalizations (per 100,000)	56.4	78.7	0	56.4	0	42
Median age of hospitalized patients	61	61	0	61	0	63
Total cost of hospitalization (\$)	187700	187700	0	187700	0	46,328,200
Average length of hospital stay (days)	3	3	0	3	0	3
Number of deaths	1	1	0	1	0	457
Age-Adjusted Death rate (per 100,000)	25.4	36.9	0	25.4	0	21.2

<sup>\*</sup>DHEC Health Region Low Country: Allendale, Bamberg, Beaufort, Berkeley, Calhoun, Charleston, Colleton, Dorchester, Hampton, Jasper, Orangeburg.

Note: Generated Totals may include 'Other' race

BRFSS, mortality, and population data source: Division of Biostatistics

## For more information about

## Chronic diseases in South Carolina contact:

Bureau of Community Health and Chronic Disease Prevention SC Department of Health and Environmental Control 2100 Bull St Columbia, SC 29201 Tel (803) 898-0584

For more details, please view the Technical Document below http://www.scdhec.gov/Health/docs/EpiTechNotes.pdf

### Citation Format:

State of South Carolina, Department of Health and Environmental Control, Bureau of Community Health and Chronic Disease Prevention, County Chronic Disease Fact Sheet November 2014

Hospital discharge and ER visits, contact:

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http://www.scdhec.gov/Health/SCPublicHealthStatisicsMaps/County-SpecificEpidemiologicalData/